



# Student Activities Committee

## Meeting minutes – February 24, 2022

The committee met in person on February 24, 2022. We continued our concentration on mental health awareness for the February Student Activities Committee (SAC) meeting.

Matt Ortman welcomed those in attendance including Caitlin Truhe, with the University of Kansas Health Systems. Caitlin then shared an update regarding Mental Health First Aid training for coaches and sponsors.

The committee broke into smaller groups to allow students, parents, and staff to brainstorm strategies regarding training for the Mental Health campaign.

After the individual brainstorming sessions, each group shared the results of their small-group discussion.

Administrators provided athletic and activity updates for the high schools and middle schools. Blue Valley Recreation provided an update.

Next Meeting  
Thursday, April 14, 2022  
7:30-8:30 am